FREE PREVIEW

SMALL AND RURAL CHURCHES | READY-TO-USE TOOLS

Senior Adult Ministry Planning Workbook

A workable plan for fellowship, discipleship, homebound care, and volunteer coordination.

12-month rhythm

Monthly gathering planner

Visit and call guide

Volunteer roles and orientation

Grief follow-up and quarterly review

Use one sheet at a time. Start with people you know, then build a rhythm your church can keep. Print additional copies of the worksheets as needed.

For church ministry planning. This workbook does not replace medical, legal, emergency, or mental-health care. Follow your church safeguarding policy and local requirements.

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COPY ONE PER GATHERING

Monthly gathering planner

Month/date: _____ Coordinator: _____

Gathering purpose in one sentence:

A simple 60-minute shape

- ☐ 10 min: greet people and check transport/access needs
- ☐ 15 min: Bible reading and short discussion
- ☐ 25 min: fellowship, testimony, or service activity
- ☐ 10 min: pray by name and share the next date

Our Bible passage and two discussion questions

Practical plan

Location/accessibility:

Food or supplies:

Who will invite homebound members or arrange a call?