YOUTH MINISTRY

Youth Ministry Reset 90-Day Team Plan

A free planning tool for small churches moving from one-person dependency to a supported adult team.

The goal is not to replace care with a volunteer list. It is to build clear adult responsibility around real students and their families.

Use this plan: bring the pastor, parents, and key adults into one conversation. Name what is already working, decide what must not depend on one person, and make the next 90 days manageable.

A volunteer-led team still needs oversight, training, safeguarding practices, and a pastor or elder who knows the ministry is happening.

1. Name the ministry you actually have

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
Who are our current students and families?	
What rhythms are already trusted?	
What would we grieve if it disappeared?	
What are we trying to do that is not sustainable?	

Keep the next action small enough to complete this week. A stable rhythm earns the right to grow later.

2. Choose a small team model

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
Pastor or staff liaison	
Parent connection lead	
Gathering lead	
Small-group or mentoring adults	
Logistics and safety lead	

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3. Write role cards

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
Role and one-sentence purpose	
Weekly responsibility	
Decision authority	
Who trains and supports this person	
Who covers absence	

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4. Plan a safe adult onboarding

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
Church safeguarding policy and screening	
Student-contact boundaries and communication channels	
Emergency, transport, and reporting expectations	
Who a volunteer calls when a concern arises	
A 30-day check-in after starting	

Keep the next action small enough to complete this week. A stable rhythm earns the right to grow later.

5. Build a repeatable weekly rhythm

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
Opening and welcome	
Scripture and conversation	
Small-group or adult connection	
Prayer and next step	
Parent communication after the gathering	

Keep the next action small enough to complete this week. A stable rhythm earns the right to grow later.

6. Hold a 90-day review

Use this worksheet with the adults who will carry the work. Write specific names, dates, and decisions. A general intention is not yet a plan.

Prompt	Our plan
What students showed up and what did we learn?	
Which adult roles are clear or unclear?	
What questions did parents ask?	
What must change before the next season?	

Keep the next action small enough to complete this week. A stable rhythm earns the right to grow later.