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The Resurrection , Jesus Is Alive!

Scripture: Matthew 28:1-10, John 20:1-18

Theme: Jesus rose from the dead , death is defeated!

Nursery (Ages 0-2)

Free curriculum for small and rural churches

Lesson Overview

"Jesus is Alive!" God loves you so much! Jesus died and then broke free, just like a baby waking up from a dream! God gave Him life back, and now He's always with us, making us feel safe and happy. Optional reflection: children can draw a picture of Jesus helping their friends, then share one way they can help someone else this week. This extra activity supports the lesson's theme and gives teachers a simple, lowprep option for extending the discussion.

Bible Story

Jesus Is Alive!

One day, Jesus was buried in a tomb. God loves you! The women went to visit Him, but the stone was rolled away. Jesus is alive! They saw Jesus standing there with a bright light all around Him.

Jesus said, "Don't be afraid!" God is with you. He showed His hands and feet to prove it was really Him. Mary Magdalene ran to tell everyone, "He is alive!" He loves you so much!

The women told the disciples, "Jesus is alive!" God is kind. The disciples ran to tell everyone, too. He loves you and wants to be with you forever.

This is why the story matters, because God loves us, and Jesus is always with us! He is alive, and so are you!

Key Verse

Matthew 28:6 , 'He is not here; He has risen, just as He said.'

"Jesus loves you! He came back to you, it's true! He's happy to be with you, just like God says!" (Say together:)
"He rose up! He's alive! Jesus loves you!"

Activities

Activity 1:

1. Hide eggs around the room (under chairs, on low tables) and fill them with a Bible verse or a picture of a cross.
2. Say, "Look for Jesus' surprise! He is alive!" and let the children hunt.
3. When they find one, read the verse aloud together: "Jesus is alive! He loves you so much!"
4. Sing "Jesus Is Alive" (to the tune of "If You're Happy and You Know It"): "If you know Jesus loves you, clap your hands, clap your hands!"
2. "Rocking Jesus' Love Song"
6. Place a cloth on the floor and say, "Jesus slept in the grave tonight. Let's rock to sleep..." (slowly rock the cloth).
7. Play soft music and let children rock gently while holding their hands on the "grave."
8. After 30 seconds, say, "Now Jesus is ALIVE! He rose up!" and cheer: "Jesus is alive! Jesus is alive!"
9. Sing "He's Alive!" (to the tune of "Twinkle Twinkle"): "Jesus is alive, He's alive, alive, alive! Jesus is alive!" while hugging a stuffed animal or pointing to the sky.

Discussion Questions

- Here are four simple open-ended questions about Jesus being alive and God's love:
- What do you think Jesus did after he died?
- "Jesus went to God's special place to be with him, just like you go to sleep and wake up!"
- How does it feel when you know God loves you?
- "God says, 'I love you!' Like a hug from a parent who always cares for you."
- If Jesus is alive, what does that mean for you today?
- "He's like a friend who walks with you, just like Mary saw him!"
- What would you do if someone told you, 'I'm alive!' like Jesus did?
- "Would you tell someone, 'He's alive and loves you!' Too?"

Prayer Focus

"Dear God, you love us so much, like a little baby you hold in your arms. Jesus is alive and dancing with you, he loves us always, always, always!" (Repeat: "Jesus is alive! Jesus loves me!")

>> Missions Spotlight

Easter is celebrated on every continent. In Kenya, entire villages gather at sunrise to celebrate the risen Christ. In China, underground churches risk everything to meet on Easter morning. The resurrection is the heartbeat of the global church.

-> To the Cross

The cross was not the end. On the third day, Jesus rose from the dead! The cross paid for our sin. The resurrection proves God accepted that payment. Because Jesus lives, we will live too. Death is defeated. The grave has no power.