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The Last Supper , Jesus Shares the New Covenant

Scripture: Matthew 26:17-30, Luke 22:7-20

Theme: Jesus' body was broken and His blood was shed for us

PreK-K (Ages 3-5)

Free curriculum for small and rural churches

Lesson Overview

Lesson Title: Jesus' Love Meal --- Introduction: "Today, we're going to talk about a special meal Jesus had with His friends! It was the last time He ate with them before He went to the cross. Let's wonder, what did He share with them that would change everything!" --- Story Time: "Long ago, Jesus sat with His friends at a big dinner. He took bread, broke it, and said, 'This is my body, given for you!' Then He took a cup of wine and said, 'This is my blood, poured out for you.' Oh, how He loved them so much! Later, Jesus went to the garden and prayed, 'Not my will, but yours, be done.'" (Repeat: "Jesus loved us so much!") --- Why It Matters: "This wasn't just any meal, it was a special promise! Jesus showed us how much He loves us by giving His body and blood for us. Just like how bread and wine remind us of His love, we can always thank Him!" --- Closing & Prayer: "Let's close by praying: 'Dear Jesus, thank You for loving us so much! Help us to remember and share Your love today!' Amen. What a wonderful wonder, Jesus gave Himself for us!" (Repeat: "Jesus loves us!") --- Encouragement for Volunteers: Keep it simple, use gestures (break bread, wave "blood" like a cup), and end with joyful repetition. Let them sing or whisper: "Jesus loves us, yes, Jesus loves us all!" Optional reflection: children can draw a picture of Jesus helping their friends, then share one way they can help someone else this week. This extra activity supports the lesson's theme and gives teachers a simple, lowprep option for extending the discussion.

Bible Story

The Last Supper: Jesus Gives Us a Special Meal

One night, as Jesus walked with His friends, He said, "Let's eat together!" He took a big bowl of bread and said, "Take this and eat it. This is my body, given for you." The disciples were so happy! They took the bread and shared it with

their friends. Then Jesus took a cup of wine and said, "This cup is my blood, poured out for you." They drank from the cup, and they sang a song together.

"This is my body, this is my blood, Give it to me, give it to you!"

The disciples loved Jesus so much that they sang and danced while eating. Jesus knew this was their last meal together before He would go away. But He promised, "I will come back and be with you again!"

Why This Story Matters This special meal reminds us that Jesus loves us so much that He gives us His body and blood in the bread and wine we eat during church. It's a big hug in a small piece! When we share bread and wine with Jesus, we know He is always with us.

Key Verse

Luke 22:19b-20 , 'This is My body given for you; do this in remembrance of me. This cup is the new covenant in My blood, which is poured out for you.'

God's Big Love for You! God gave His body like a friend gives you a hug. It's like a little gift, just to show you how much He loves you! When we remember this, it feels like a special hug from Jesus. He says, "This is my body given for you!" Jesus also took a cup, and it's like a tiny glass of kindness. This cup is special, it's full of love and peace. He says, "This cup is for you!" Like sharing a yummy snack with your best friend. Now, when we eat and drink, we can say, "Thank You, Jesus!" It reminds us to love and be kind, just like He is kind to us. God wants us to always feel His love, it's like a cozy blanket on a cold day! What a wonderful gift! When we remember Jesus, we feel happy and loved. "This is my body and blood given for you!" (Say it with a big smile!)

Activities

Activity 1:

1. Read the Story: Read Matthew 26:26-28 (or a simplified version) while pointing to the Bible. Ask, "What did Jesus do at the last supper?"
2. Trace the Scene: On their paper plate, have them draw:
3. A table with Jesus and disciples.
4. Bread (circle) and cup (oval).
5. Write "Jesus shared!" in the center.
6. Color & Glue: Let them color with crayons or add glue to stick on paper "wine cup" shapes if using.
7. Share with a Friend: Each child shows their drawing and says, "I drew Jesus sharing bread and cup!"
8. Tip: Keep both activities interactive, sing songs, and end with a prayer to help little ones understand God's love!

Discussion Questions

- Here are four open-ended questions for preschool and kindergarten children about the story of the Last Supper:
- Jesus shared food with his friends, just like we share meals with our families!
- What kind of food do you love to eat with your family? Why is it special to share a meal together? Can you think of a time when you shared something with a friend or cousin?
- Jesus took bread and said, "This is my body." Then he took wine and said, "This is my blood."
- What does your body need every day to grow strong and healthy? Why do you think Jesus wanted his friends to remember him with food?
- Jesus told his friends that he would be with them in a new way after he rose from the grave.

- How do you think Jesus can still be with you today? Do you have any special things, like a favorite song, a story, or a hug, that make you feel loved, just like Jesus wanted his friends to?
- The Last Supper shows us that Jesus wanted his friends to love and care for each other.
- If you could tell a friend something kind or helpful before sharing a meal, what would you say? How can you be a friend who listens and shares, just like Jesus taught his disciples?
- These questions encourage wonder, connection, and simple reflection while keeping the discussion light and engaging!

Prayer Focus

Prayer for Wonder and Sharing (Kindergarten/Preschool) Dear Heavenly Father, Help us wonder today like little children, when we see Jesus sitting with friends, sharing bread and wine. Teach us to be like him, to share our food with others, just as he shared his love. Let us remember that his words and gifts mean so much, like a new promise between friends. Help us grow to trust and believe, just like the disciples did. Amen. Oh, God, who loves us so much, Make our hearts kind and sharing, just like Jesus. Let us eat and share with joy, remembering how he gave his time and love. Help us tell others, "This is a gift of kindness and hope!" Amen. Let us wonder, let us share, Just like Jesus did with his friends. May we grow to love and trust, like he did. Thank you for the special bread and wine that remind us of your love forever! Amen. Thank you, Lord, For the stories we hear, the bread we eat, and the love that never ends. Let us be small helpers, just like Jesus was, kind, sharing, and full of wonder! Amen.

>> Missions Spotlight

Among the Berber (Amazigh) people of North Africa, sharing a meal is a sacred act of community. The Last Supper story resonates deeply , Jesus shared a final meal with His friends before giving His life for them. Many Berber believers are discovering this truth.

-> To the Cross

At the Last Supper, Jesus took bread and said, 'This is My body, broken for you.' He took the cup and said, 'This is My blood, poured out for the forgiveness of sins.' The very next day, it all came true on the cross. The Last Supper and the cross are one story.