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# The Angel Visits Mary

*Scripture: Luke 1:26-56*

**Theme: God keeps His promises — Jesus is coming!**

*PreK-K (Ages 3-5)*

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Free curriculum for small and rural churches

## Lesson Overview

Lesson Overview: "God Keeps His Promise!" Dear helpers, this lesson is all about wonder and hope! Start by telling the kids that God loves them so much He sent an angel to tell Mary that her baby would be special, Jesus, the Savior! Use bright colors and simple gestures (like raising hands for "wonder") to keep their attention. Say, "Did you know God always keeps His promises? Just like He sent an angel to Mary, He will send His Son soon!" Let them sing a short song or clap along with the joyful news from Mary's song in Luke 1:46-55, simple words like "His mercy is great!" can spark their excitement! End with a reminder: "No matter what, God is with us, and Jesus is coming!" Use a pretend angel hat or a big smile to make it fun. Repeat the key idea: "God keeps His promises, Jesus is coming!" Let them say it together with excitement! Keep it short, full of wonder, and end with praise, God's love shines brightest when we celebrate His faithfulness! Optional reflection: children can draw a picture of Jesus helping their friends, then share one way they can help someone else this week. This extra activity supports the lesson's theme and gives teachers a simple, lowprep option for extending the discussion.

## Bible Story

### The Angel Visits Mary

One day, a special message came to a girl named Mary. She lived in a small village called Nazareth. The angel Gabriel flew in on a bright, shining cloud and said, "Greetings, Mary! The Lord is with you!" Mary was very surprised and wondered, "How can this be? I am a young girl, and I have no husband."

The angel smiled and said, "Don't be afraid! You will soon have a wonderful baby, a son, and he will be called Jesus. He will be the Son of God!" Mary listened, her heart full of wonder.

Then Mary went to visit her cousin Elizabeth. Elizabeth was old and pregnant, but when she heard Mary's voice, she jumped with joy. "You are the one!" she exclaimed, "The Lord has done great things for you!" Mary sang a song of

praise, "My soul glorifies the Lord!"

This story tells us that God's love is always near, even when we feel small or unsure. With Him, we can trust, believe, and share His joy!

## Key Verse

**Luke 1:31 , 'You will conceive and give birth to a son, and you are to call Him Jesus.'**

A Wonderful Story for Little Ones! God is very kind and full of surprises! He whispers, "Look, there's a special baby coming for you!" His name will be Jesus, and it means "God saves", like a cozy hug for all of us. Imagine a soft, warm dream in your heart: "A baby is growing inside you, God's own special gift!" He will be gentle, strong, and full of love, just like a hug from someone who cares most. When this baby arrives, it will bring light to everyone, like a bright sun in the dark. "Jesus will make everything happy and safe!" That's why God loves you so much! Now, let's say this together: "Heaven says, 'Wonderful news! A baby is coming, Jesus!' "

## Activities

### Activity 1:

1. Show the Bible: Ask, "What do you think an angel looked like when it visited Mary?" (Draw a big smile!)
2. Make Clouds: Let kids glue 3 white paper circles on paper to make fluffy clouds. Talk about how angels shine like stars!
3. Add Stars: Tear yellow tissue paper into small stars and glue them on the sky. Talk about how bright the angel's light was.
4. Wonder Time: Ask, "What would YOU say if an angel visited you?" Let them color their cloud-and-star picture with crayons!

### Activity 2:

1. Read the Verse: Say, "Mary sang a song of joy because God was with her!" Let them sing or clap the words together.
2. Move with Words:
3. "My soul is glad" Clap 4 times.
4. "He has done great things" Stomp 3 times.
5. "He is strong" Jump 2 times.
6. Make a Lily: Fold paper into a flower, tie a ribbon (like Mary's dress!). Hold it up and say, "Like Mary, I see God's kindness!"
7. Repeat: Sing again with big smiles! End with a prayer: "Thank You, God, for making us feel Your love!"
8. Bonus Tip: Both activities use what's in a classroom, no cost! Pair with Bible stories to spark even more wonder!

## Discussion Questions

- Here are four open-ended questions to spark wonder and discussion with young children about the story of The Angel Visits Mary (Luke 1:26, 56):
- Wonder about God's Surprise:
  - In the Bible story, an angel came to Mary and said, "Greetings, favored one!" What do you think God might be saying to you today? How do you think God wants to surprise or show you love? Draw a picture of a time when you felt happy or excited because of something kind God did!
- Mary's Big Heart:

- Mary was very kind and said, "Yes!" to God's big plan. Why do you think she felt brave to answer? What's something you are excited to do or believe in, like Mary believed in God? Tell a friend or your teacher about it!
- Mary's Joyful Song:
  - Later, Mary sang a song of praise: "My soul magnifies the Lord!" What makes you happy or excited in your life? Sing or clap a song about it, maybe "Thank You, Jesus!" or "I'm glad you're here!"
- Wondering About the Future:
  - The angel told Mary that she would have a baby named Jesus. What do you wonder about God's plans for your future? Maybe growing big like Mary, helping others, or learning something new. Draw or tell a friend what you hope for!
- Tips for Discussion:
  - Use simple words like "kind," "brave," and "wonder" to keep it easy.
  - Repeat phrases like "God loves you!" or "God has big plans!" to help kids feel connected.
  - Let them draw, act out parts of the story, or share their own happy surprises!
  - Would you like any adjustments to match their age even more?

## Prayer Focus

*Prayer for Wonder and Grace (The Angel Visits Mary) Dear Heavenly Father, We come to you today with hearts full of wonder, just like Mary's when the angel came to her. She was so amazed, can we be amazed too? Like Mary, we trust you and believe in your love for us. Help us feel your peace, just as she did when the angel said, "Do not be afraid!" Lord, you are so kind and wise, You sent your angel to show Mary your great love. Help us feel your presence like Mary did when she heard your voice. Just like Mary, we ask you to be with us, always, everywhere, and in every wonder. Thank you for the angel's message, For the joy of knowing you care for us. Help us, just like Mary, to be brave and to trust that you are good. May our hearts shine with your love, like Mary's did when she sang your praise. Lord, teach us to wonder, Just like Mary did when you visited her. Help us see your love in small ways every day. Amen. --- Repeat after me: "Mary was so happy, just like us, When angels tell us, 'Don't be afraid!'"*

### -> To the Cross

The angel told Mary she would have a baby who would be called the Son of the Most High. This was the moment God entered human history as a baby, the first step toward the cross. Jesus came as a baby so He could grow up to be our Savior.